

Taz E. Varkey, M.D.

Obstetrics, Gynecology and Infertility

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Gynecological Surgery Instructions

Please refrain from unprotected intercourse 3 weeks prior to surgery!

On the evening prior to your surgery:

- Please eat a light dinner
- **Do not eat, drink, or smoke after midnight**

On the day of your surgery:

- **Refrain from eating or drinking 8 hours prior to your surgery.**
- You may brush your teeth, but please do not swallow any water.
- Wear casual, loose clothing, and low-heeled shoes. Leave valuables at home.
- **Please remove all metal objects off of your body or hair.** (Example: Body piercing or hair extensions with metal clips). Please be advised: Metal can potentially burn you during a surgical procedure. If any metal is found on your body prior to your surgery then you surgery could be canceled.
- Bring insurance cards and a list of all your current medications with the quantity consumed of each.
- Notify Dr.Varkey of any changes in physical condition, i.e., bad cold, sore throat or high fever.
- It is important to arrange your transportation home. If you are undergoing surgery or have any sedation prior to discharge, an adult **MUST** drive you home. You will be released approximately four hours after your procedure.

Please see below for surgery locations:

AHSP Center:

- Cedars Advanced Health Sciences Pavilion (AHSP Center) is located at 127 South. San Vicente Blvd., **Check in:** 5th floor, Los Angeles, CA 90048.
- The telephone number is 310-423-4068
- Please arrive on _____ at _____ for check in.

Main OR:

- Cedars-Sinai Medical Center is located at 8601 Beverly Blvd, Los Angeles, CA 90048. Please check in at South Tower's information desk (street level) on Gracie Allen Drive.
- The telephone number is 310-423-5855.
- Please arrive on _____ at _____ for check in.

Roxbury Surgery Center:

- Roxbury Surgery Center is located at 450 N. Roxbury, Suite 520, Beverly Hills, CA 90210.
- The telephone number is 310-246-4628.
- Please arrive on _____ at _____ for check in.

Post op appt on: _____ at _____