

## **Taz E. Varkey, M.D.**

### **Obstetrics, Gynecology and Infertility**

6310 San Vicente Blvd Suite # 290

Los Angeles, Ca 90048

Phone: (323) 933-2930 Fax: (323) 933-2948

### **Gynecological Surgery Instructions**

#### **Please refrain from unprotected intercourse 3 weeks prior to surgery!**

#### **On the evening prior to your surgery:**

- Please eat a light dinner
- **Do not eat, drink, or smoke after midnight**

#### **On the day of your surgery:**

- **Refrain from eating or drinking 8 hours prior to your surgery.**
- You may brush your teeth, but please do not swallow any water.
- Wear casual, loose clothing, and low-heeled shoes. Leave valuables at home.
- **Please remove all metal objects off of your body or hair.** (Example: Body piercing or hair extensions with metal clips). Please be advised: Metal can potentially burn you during a surgical procedure. If any metal is found on your body prior to your surgery then your surgery could be cancelled.
- Bring insurance cards and a list of all your current medications with the quantity consumed of each.
- Notify Dr. Varkey of any changes in physical condition, i.e., bad cold, sore throat or high fever.
- It is important to arrange your transportation home. If you are undergoing surgery or have any sedation prior to discharge, an adult **MUST** drive you home. You will be released approximately four hours after your procedure.

#### **Please see below for surgery locations:**

##### **310 Building:**

- Cedars-Sinai Surgery Center is located at 310 North San Vicente Blvd., Los Angeles, CA 90048.
- The telephone number is 310-423-9310
- Please arrive on \_\_\_\_\_ at \_\_\_\_\_ for check in.

##### **Main OR:**

- Cedars-Sinai Medical Center is located at 8601 Beverly Blvd, Los Angeles, CA 90048. Please check in at South Tower's information desk (street level) on Gracie Allen Drive.
- The telephone number is 310-423-5855.
- Please arrive on \_\_\_\_\_ at \_\_\_\_\_ for check in.

##### **LaPeer Surgical Center:**

- LaPeer Surgery Center is located at 8920 Wilshire Blvd, Suite 101, Beverly Hills, CA 90211..
- The telephone number is 310-360-9115.
- Please arrive on \_\_\_\_\_ at \_\_\_\_\_ for check in.
- 

**Post op appt on: \_\_\_\_\_ at \_\_\_\_\_**